We provide laboratory, nutrition, and patient care services and clinical space for IRB-approved research studies.

CRU staff work closely with investigators and study teams to provide these services for all types of sponsored research including industry, federal, and investigator-initiated studies.

Rates for CRU services are structured according to investigator status and funding source. See details at: https://ctsi.wakehealth.edu/Service/Clinical-Research/Clinical-Research-Unit/Rates

CRU facilities include:
- Adult and pediatric waiting rooms
- 15 exam rooms
- 6 infusion rooms
- 2 procedure rooms
- 4 observation rooms
- 3 consult rooms
- Study staff workroom
- Participant lounge
- Metabolic kitchen
- CLIA-certified processing laboratory
- Workflow RT monitoring system

Contact us today!
jclemons@wakehealth.edu

1st floor, Sticht Center

CTSI Your Partner In Research

Wake Forest Baptist Health
Patient Care Services:
• Clinical monitoring, vital signs, 12-lead ECG
• Basic phlebotomy
• Pharmacokinetic (PK) studies
• IV infusions and medication administration
• Oral glucose tolerance testing (OGTT)
• Lumbar puncture assistance
• Metered walk testing

Laboratory Services:
• Processing of blood, CSF, sputum, saliva, urine, and feces
• Isolation of PBMCs, T-cells, and RNA
• Glucose testing (OGTT and IVFSIGT)
• Hemoglobin, hematocrit, and urine pregnancy testing
• Storage and shipping
• Dry ice

Nutrition Services:
• Nutrient-controlled menu development, analysis, and preparation
• Nutrition assessment and education
• Dietary intake assessment (food records, diet recalls, and FFQs)
• Metabolic assessment (RMR, BIA, anthropometry)
• Healthy snacks for fasting visits

Geriatric Research Center (GRC) Services:
The following core services are available in the CRU through the GRC. For more information, contact Kim Kennedy at kkennedy@wakehealth.edu.

• DXA scans (bone density, lean and muscle mass, % body fat)
• Metabolic testing (RMR and Max VO₂)
• Muscle strength and power (Biodex and Keiser)
• Transportation to and from the Medical Center
• Muscle and fat biopsies