



# Study Design for Implementation Science

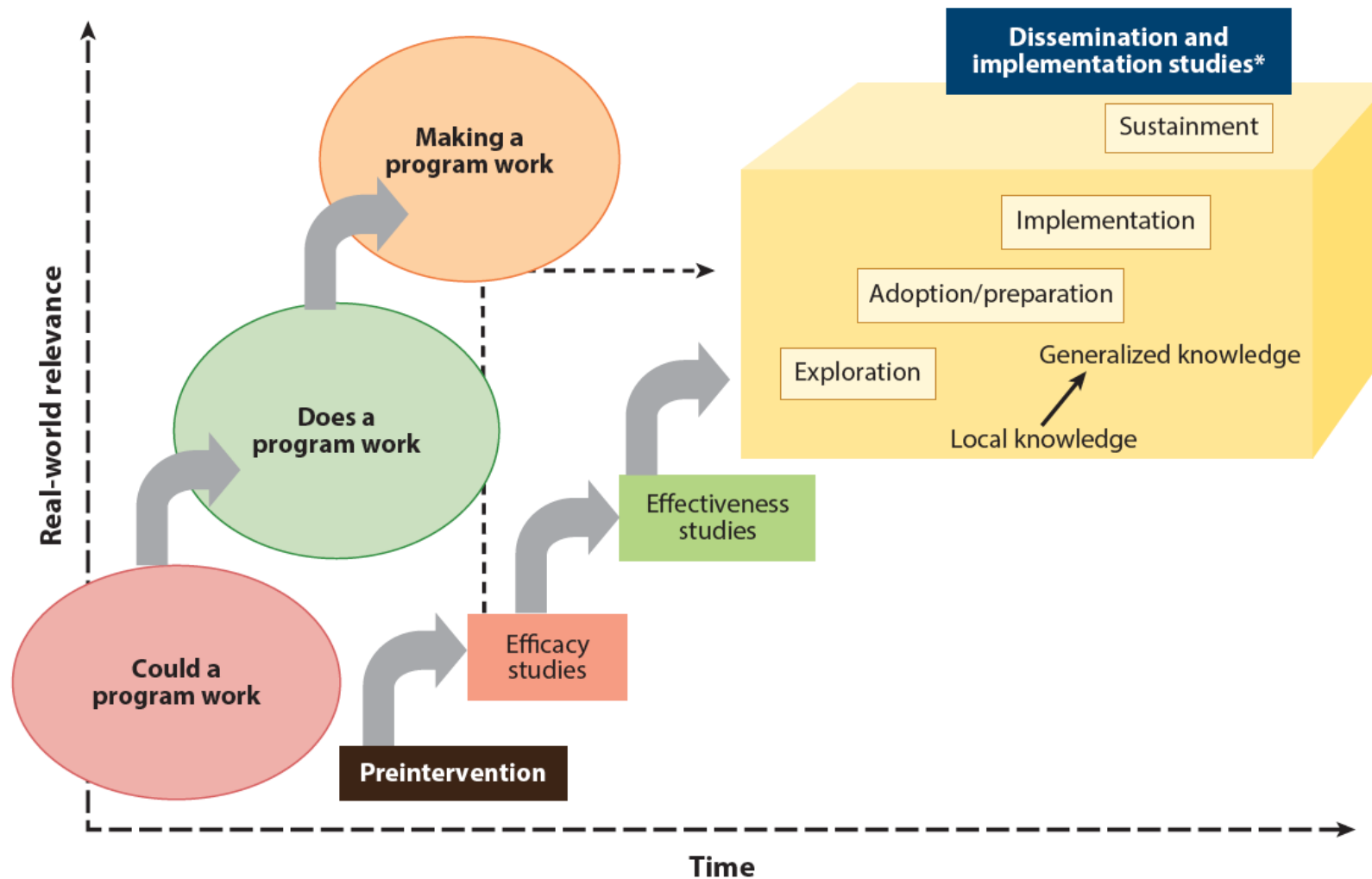
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# Objectives

- By the end of the lecture, learners will be able to:
  - Describe an array of of IS study designs
  - Identify the strengths and limitation of IS study designs



**Figure 1**

Traditional translational pipeline from preintervention, efficacy, effectiveness, and dissemination and implementation studies.

# Study Designs

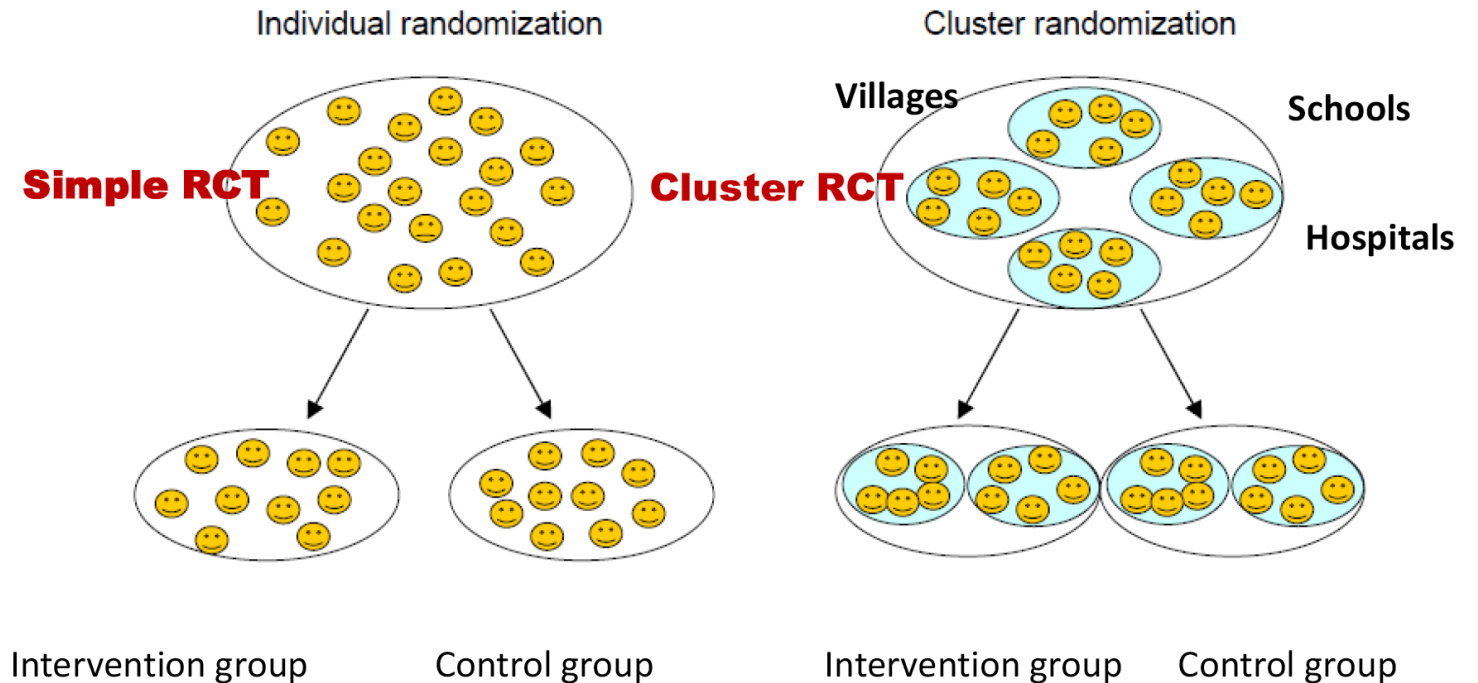


# Examples of study designs

- New implementation strategy versus usual-practice implementation design
  - Cluster RCTs
- Head-to-head randomized implementation trial design
  - Hybrid designs
- Factorial designs for implementation
  - multiphase optimization strategy implementation trials
    - Sequential, Multiple Assignment, Randomized Trial (SMART)
- Within- and Between-Site Comparison Designs
  - Stepped wedge
  - Dynamic wait-listed design

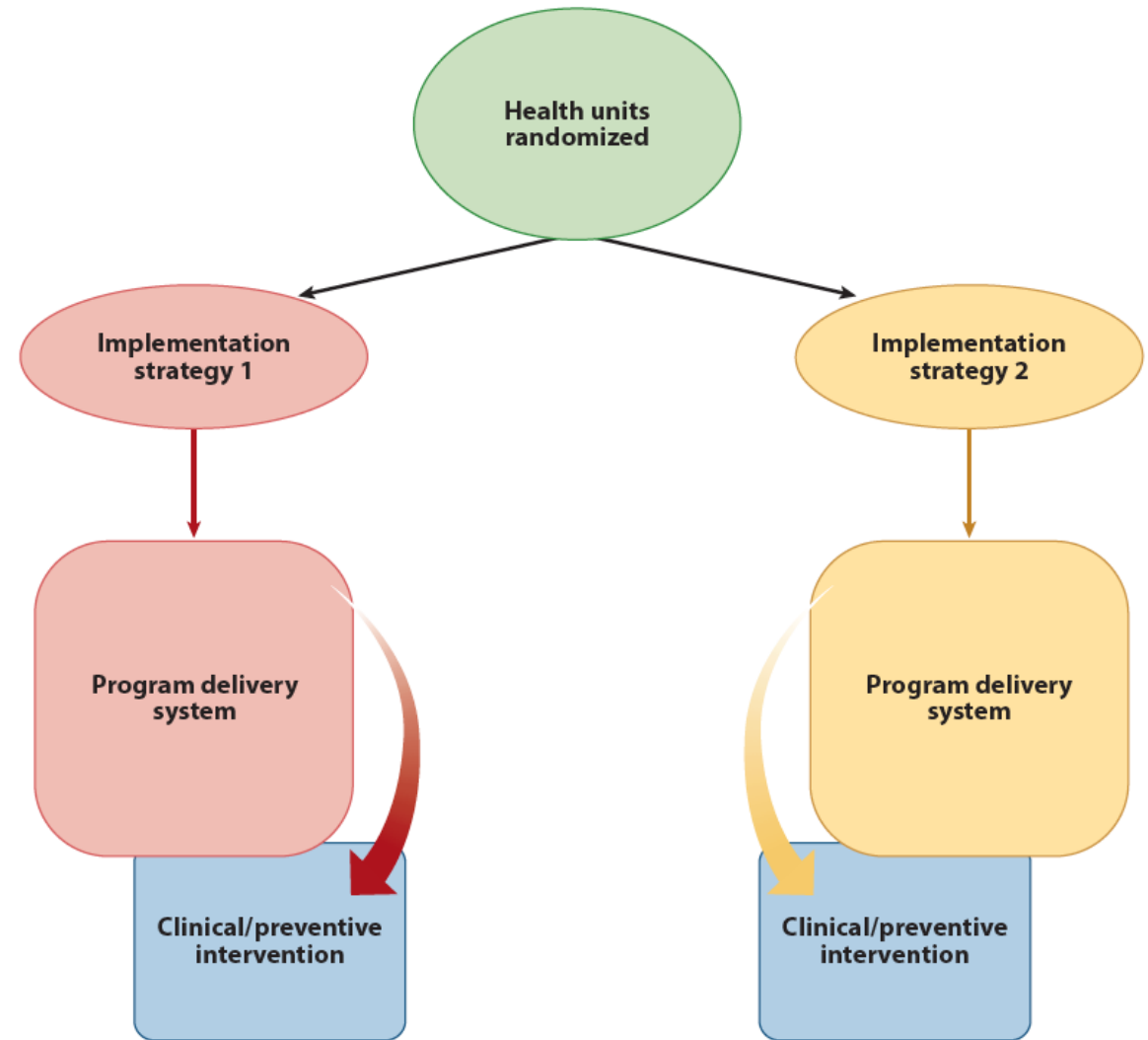
# New implementation strategy versus usual-practice implementation design

- Often comparing active dissemination or implementation to usual practice in naturally occurring clusters
- Employ a cluster randomized trial design



# Head-to-head randomized implementation trial design

- Testing of one(or more) implementation strategy vs. another (or others)
- May employ a hybrid design



**Figure 2**

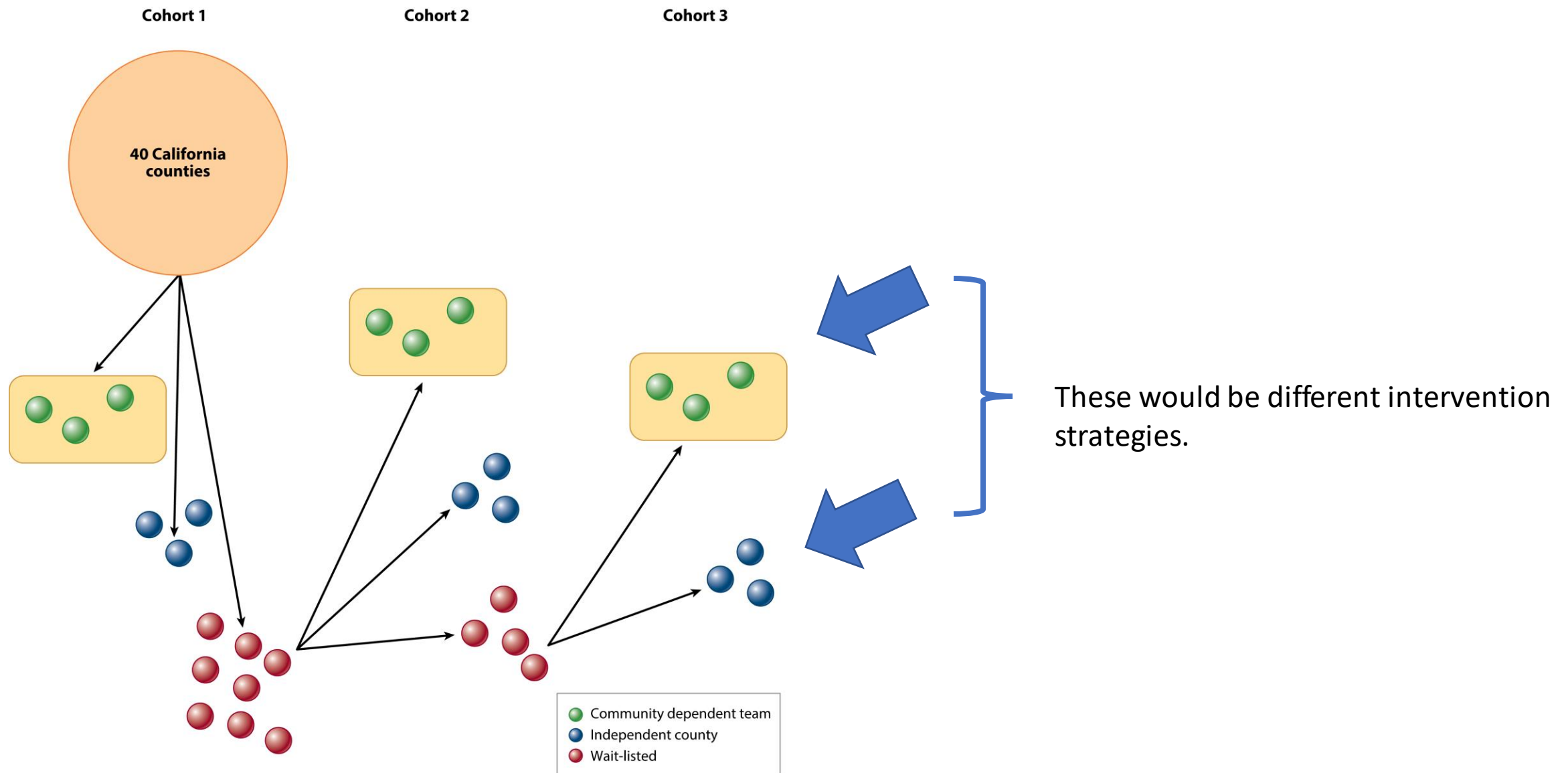
Focus of research in a head-to-head randomized implementation trial with identical clinical/preventive intervention and different implementation strategies.

# Hybrid Implementation/Effectiveness Designs

**TABLE 3.** Hybrid Design Characteristics and Key Challenges

Study Characteristic	Hybrid Trial Type 1	Hybrid Trial Type 2	Hybrid Trial Type 3
Research aims	Primary aim: determine effectiveness of a clinical intervention Secondary aim: better understand context for implementation	Copriamary aim*: determine effectiveness of a clinical intervention Copriamary aim: determine feasibility and potential utility of an implementation intervention/strategy	Primary aim: determine utility of an implementation intervention/strategy Secondary aim: assess clinical outcomes associated with implementation trial
Research questions (examples)	Primary question: will a clinical treatment work in this setting/these patients? Secondary question: what are potential barriers/ facilitators to a treatment's widespread implementation?	Copriamary question*: will a clinical treatment work in this setting/these patients? Copriamary question: does the implementation method show promise (either alone or in comparison with another method) in facilitating implementation of a clinical treatment?	Primary question: which method works better in facilitating implementation of a clinical treatment? Secondary question: are clinical outcomes acceptable?





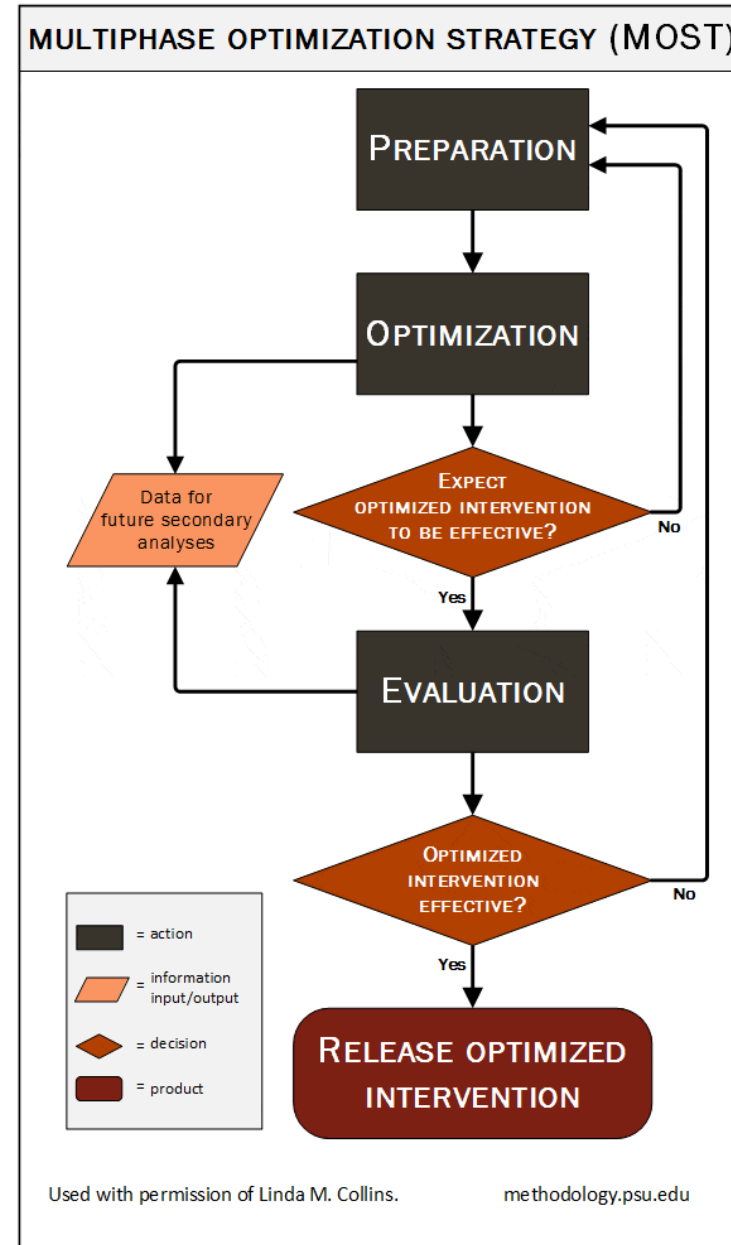
**Figure 3** Design to assign 40 counties in California to an independent county or community development team implementation strategy and time (cohort) using a randomized rollout design; 11 counties in Ohio were separately randomized in a fourth cohort to the same two implementation strategies (not shown).

# Factorial designs for implementation

- Multiphase optimization strategy trial (MOST)
  - An engineering-inspired framework for development, optimization, and evaluation of multicomponent behavioral, biobehavioral, and biomedical interventions.

<http://www.methodology.psu.edu/>

Figure 1.



# Factorial Design

	Factor		
Condition	Training	Website	Technical assistance
1	Y	Y	Y
2	Y	Y	N
3	Y	N	Y
4	Y	N	N
5	N	Y	Y
6	N	Y	N
7	N	N	Y
8	N	N	N

# Factorial Design

	Factor		
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# Factorial Design

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# Factorial designs for implementation

- Sequential, Multiple Assignment, Randomized Trial (SMART)
  - Involves multistage randomizations where the site-level implementation process can be modified if unsuccessful
    - eg, re-randomizing no-responding units

# Within- and Between-Site Comparison Designs

**a**

Time	1	2	3	4
Cohort A	0	X*	X	X
Cohort B	0	0	X*	X
Cohort C	0	0	0	X*

Stepped wedge

**b**

Time	1	2	3	4
Cohort A	0	X*	X	X
	0	Y*	Y	Y
Cohort B	0	0	X*	X
	0	0	Y*	Y
Cohort C	0	0	0	X*
	0	0	0	Y*

Dynamic wait-listed

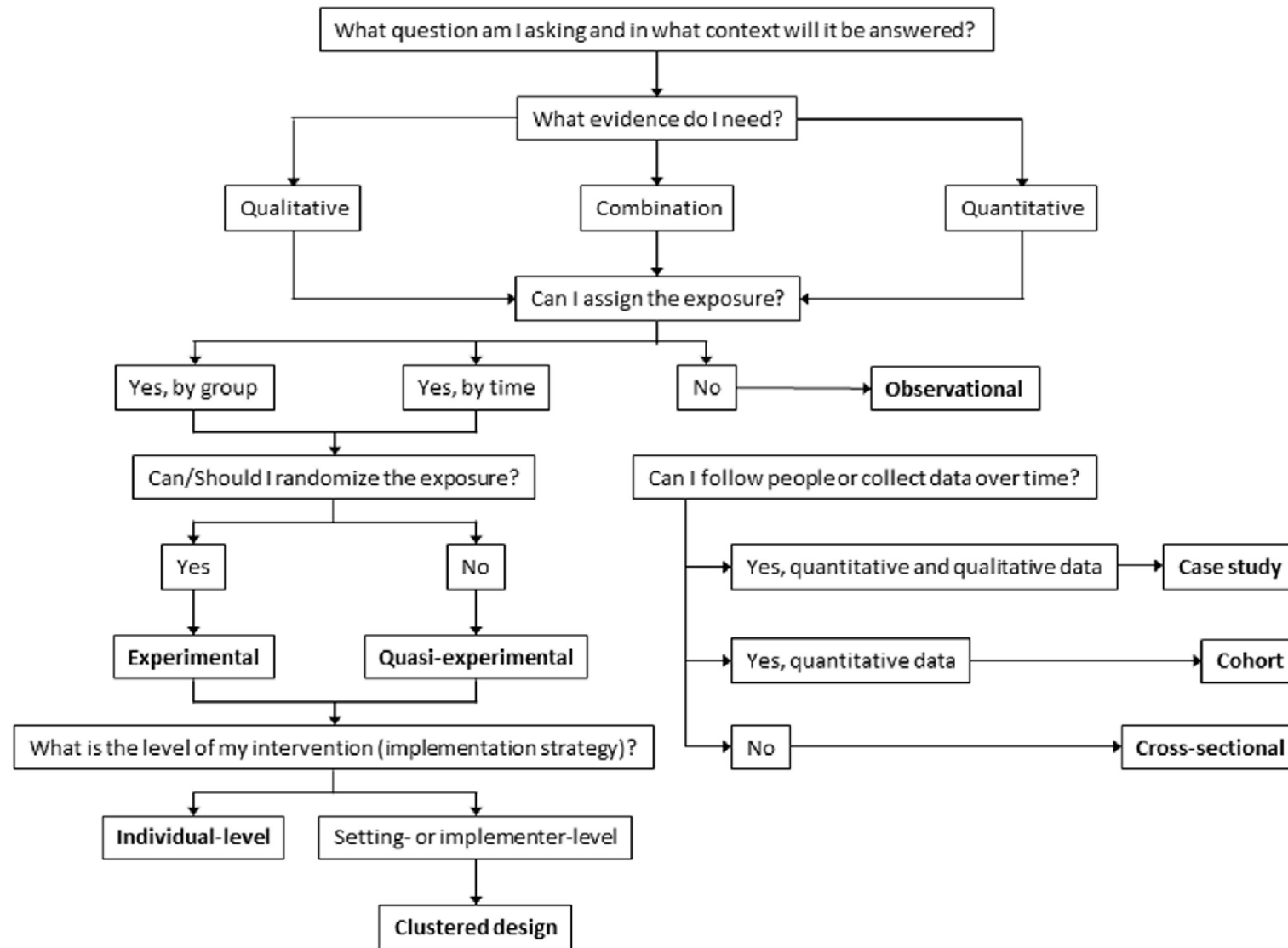
0 Implementation as usual

X\*, Y\* Introductions on new implementation strategies

X, Y Continuation of strategies over extended periods of time

**Figure 4**

Schematics of three rollout randomized designs that determine the timing of changes from usual practice, startup or continuation of one or more implementation strategies.




**FIGURE 3** | Decision tree for dissemination and implementation study designs.



# Summary

- A ***lot*** of research design options available
- Many are pragmatic by nature (or necessity)
- Models and research designs often used concurrently, “nested” within each other
- Have considerable implications for power calculations, sampling, statistical analyses, and external validity of results


# Resource

 UNIVERSITY of WASHINGTON

JME / LEARN ▾ / EXPLORE ▾ / RESEARCH ▾ / CONNECT ▾

Implementation Science at UW > The UW Implementation Science Resource Hub > Research > Study Design


SELECT  
STUDY  
DESIGN





## Overview of Study Designs in Implementation Science

Implementation science seeks to improve the adoption, adaptation, delivery and sustainment of evidence-based interventions in healthcare, and central to this goal is understanding how interventions are delivered effectively in the context of the 7 P's.


 PROCEDURES


 PROGRAMS

 PRODUCTS

 POLICIES

 PILLS

 PRACTICES

 PRINCIPLES

Research designed to evaluate the impact of these contexts takes many forms, and design selection is critical to capturing data in a manner that appropriately addresses your research question or questions.

Implementation research largely attends to external validity, whereas most randomized efficacy and effectiveness research designs emphasize internal validity.

Given these differing focal points, a debate exists in the field as to the role of randomized design in implementation research and the relative merit of quantitative, qualitative, and mixed methods designs.

### Doing Research

- Frame Your Question
- Pick a Theory, Model, or Framework
- Identify Implementation Strategies
- Select Research Method
  - Select Study Design
- Choose Measures
- Get Funding
- Report Results

<https://impsciuw.org/implementation-science/research/designing-is-research/>

# Questions?

Thank you.